



**Alison Arnold Ph.D. (Doc Ali)**  
1830 N. Dayton St.  
Phoenix, AZ. 85006  
602-284-8077 (c)  
Docaliarnold.com

### **EDUCATION /EXPERIENCE**

1997 Union University, Cincinnati Ohio, Ph.D. Clinical Psychology  
1991 University of Oregon, Eugene, Oregon, M.S. Counseling Psychology  
Certification # CC-1052  
1987 University of Oregon, Eugene, Oregon, B.A. Psychology

### **1998-Present: President of Head Games/Scream and Run Naked PLC.**

Author of six books, speaker, facilitator, of individuals and groups seeking to enrich their lives, work, and/or athletic performance. Utilizes a dynamic and diverse array of techniques and modalities in the form of 1-3 day retreats, keynote speeches, and individual coaching sessions. TV personality nationally and locally including Scott Baio is 45...and Single, and Charm School both on Vh1.

### **Partial Client List**

#### **Partial List of Media Clients**

Vh1  
Bunim/Murray Productions: Bad Girls Club Season 5  
3 Ball Productions: Scott Baio is 45...and Single Seasons 1-2  
51 Minds Productions: Charm School Season Three  
Harrington Talents  
Jupiter Entertainment  
KISSFM 104.7 JohnJay and Rich Radio Phoenix regular featured life coach  
KTVK.TV3 Phoenix Your Life A to Z regular featured life coach  
NBC Olympic Coverage 2000, 2002, 2004, 2006, 2008 Expert Commentary  
Numerous additional news, features, radio, and print articles.

#### **Partial List of Sports Clients**

Sport Psychologist to USA Olympic Gymnastics Team Since 1997  
Sport Psychologist to United States Figure Skating Since 2000  
Sport Psychologist to Australia's Olympic Ski Team Torino 2006  
Oregon State University Athletics  
University of Alabama Athletics  
University of Michigan Athletics  
University of Utah Athletics  
University of Denver Athletics  
Arizona State University Athletics  
Boise State University Athletics  
Over 75 Olympic Medalists, pro and semi-pro athletes.

#### **Partial List of Corporate Clients**

The Boeing Company  
American Express  
Paradise Bakery  
The Women's Presidents Organization  
Massachusetts General Hospital Department of Radiology  
Phoenix Children's Hospital  
Insight Computers